

How to use

OPERATION RED FILE

I. Fill out “My Emergency Information” form and “My Medication List” form located in your *Red File*.

- If you need a new form, download it at:
www.eastidahoaging.com/OperationRedFile
or call Eastern Idaho Area Agency on Aging at EICAP
208-522-5391

II. Place the following items in your *Red File*:

- Medical emergency form with current information
- Current picture of yourself
- Medication list
- Copy of DNR/POST Orders
(Do Not Resuscitate)/ (Physician Order Scope of Treatment)
- Copy of notarized living will and additional advanced directives
- Copy of EKG

III. If you have a DNR/POST order signed by your doctor...

- Place DNR sticker on the outside of your *Red File*.
- Keep a photo copy of your official DNR/POST order inside your *Red File* for first responders.

IV. Place the *Red File* on your refrigerator where first responders can easily identify it and find your medical information in the case of an emergency.

V. Bring your *Red File* with you to any visits to the hospital or emergency clinics.

